

# AIM Classes September 9 – 14 (Classes are subject to change and/or cancellation)

**ARTC, Adult Recreational Therapy Centre** 58 Easton Rd. N3P 1J5

**Brier Park** (parking lot on Ravenwood Rd) 45 Winding Way Brantford, ON N3R 3S4 (weather permitting)

**Triple Arts Academy** 625 Park Rd N Unit 2, Brantford, ON N3T 5L8

Monday September 9- **Triple Arts - Zumba Class** 9:30am

**Triple Arts - BollyX Class** – 7:00pm

Tuesday September 10 – **Triple Arts - Zumba Toning Class** 9:30am

**Triple Arts - Dance Fit** 7:00PM

Wednesday September 11– **ARTC** Private lessons – 5:00pm – 9:00pm

Thursday September 12 - **Brier Park - Nia Class** 9:30am

**ARTC - Zumba class** 6:30pm

**ARTC – Slow Waltz Group** 7:30PM

Friday September 13 - **Triple Arts - Zumba Class** 9:30am

**No Evening Classes**

Saturday September 14 - **ARTC - Zumba class** 9:30am