

October 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30AM Zumba /AIM Fit 7PM Bollyx 8PM Int Blrm Group	3 9:30AM Zumba Toning 6PM Beg Line Dance 7PM Dancefit 8PM Int Blrm Grp	4 6:30PM Socacize 7PM Beg Blrm Group 7:30PM Int Line Dance	5 Get Funky Day 9:30AM Nia 6:30PM Zumba 7:30PM CM Swing	6 9:30AM Zumba /AIM Fit 7:30PM CM Rumba	7 9:30AM Zumba
8	9 CLOSED Happy Thanksgiving!	10 9:30AM Zumba Toning 6PM Beg Line Dance 7PM Dancefit 8PM Int Blrm Grp	11 6:30PM Socacize 7PM Beg Blrm Group 7:30PM Int Line Dance	12 9:30AM Nia 6:30PM Zumba 7:30PM CM Slow Waltz	13 9:30AM Zumba /AIM Fit 7:30PM CM Foxtrot & Mini Social	14 9:30AM Zumba
15 Wholeness Wellness Gathering	16 9:30AM Zumba /AIM Fit 7PM Bollyx 8PM Int Blrm Group	17 9:30AM Zumba Toning 6PM Beg Line Dance 7PM Dancefit 8PM Int Blrm Grp	18 6:30PM Socacize 7PM Beg Blrm Group 7:30PM Int Line Dance	19 9:30AM Nia 6:30PM Zumba 7:30PM CM American Tango	20 9:30AM Zumba /AIM Fit 7:30PM CM Cha Cha	21 9:30AM Zumba
22 Nia Retreat with Darlene	23 9:30AM Zumba /AIM Fit 7PM Bollyx 8PM Int Blrm Group	24 9:30AM Zumba Toning 6PM Beg Line Dance 7PM Dancefit 8PM Int Blrm Grp	25 6:30PM Socacize 7PM Beg Blrm Group 7:30PM Int Line Dance	26 9:30AM Nia 6:30PM Zumba 7:30PM CM Samba	27 9:30AM Zumba /AIM Fit 7:30PM CM V.Waltz	28 9:30AM Zumba 📅 11AM -1PM Nova Vita Shoe Sale 📅 7:30PM Under the Sea Studio Dance
29	30 9:30AM Zumba /AIM Fit 7PM Bollyx 8PM Int Blrm Group	31 🎃 Dress Up Day 9:30AM Zumba Toning 6PM Beg Line Dance 7PM Dancefit 8PM Int Blrm Grp	1	2	3	4

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📅 Save the Dates:

😊 **Thursday October 5th Get Funky Day-** join in funky coloured clothes

📅 **Saturday October 28th Nova Vita Shoe Sale**

📅 **Saturday October 28th Under the Sea Studio Dance**

🎃 **Tuesday October 31st Dress Up for Halloween**