

# March 2020



Free LIVE STREAM Classes



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30AM Zumba 10:30AM 30mins Fit after 40 7:00PM Argentine Tango 8:00PM Advanced Salsa	3 9:30AM Zumba Toning 10:30AM Fit after 40 6PM Zumba 7PM Ladies Dancefit 7PM Beg Ballroom 8PM CM Rumba Tech	4 6:00PM Socacize 7PM Beg Ballroom	5 9:30AM Nia 6PM Bollyx 7PM Beg Blrm 8PM Beg Blrm 8PM CM Bachata	6 9:30AM Zumba 10:30AM 30mins Fit after 40 7:00PM Beg Ballroom 8:00PM CM Merengue	7 9:30AM Zumba 10:30AM 30mins Fit After 40 11AM Nia <b>FIESTA NIGHT</b>
8	9 9:30AM Zumba 10:30AM 30mins Fit after 40 7:00PM Argentine Tango 8:00PM Advanced Salsa	10 9:30AM Zumba Toning 10:30AM Fit after 40 6PM Zumba 7PM Ladies Dancefit 7PM Beg Ballroom 8PM CM Rumba	11 6:00PM Socacize 7PM Beg Ballroom	12 9:30AM Nia 6PM Bollyx 7PM Beg Blrm 8PM Beg Blrm 8PM CM S Waltz	13 9:30AM Zumba 10:30AM 30mins Fit after 40 7:00PM Beg Ballroom 8:00PM CM Cha Cha	14 9:30AM Zumba 10:30AM 30mins Fit After 40 11AM Nia
15	16 9:30AM Zumba 10:30AM 30mins Fit after 40 7:00PM Argentine Tango 8:00PM Advanced Salsa	<b>17</b> 9:30AM Zumba Toning 10:30AM Fit after 40 6PM Zumba 7PM Ladies Dancefit 7PM Beg Ballroom 8PM CM Swing	18 6:00PM Socacize 7PM Beg Ballroom	19 9:30AM Nia 6PM Bollyx 7PM Beg Blrm 8PM Beg Blrm 8PM CM S Waltz	20 9:30AM Zumba 10:30AM 30mins Fit after 40 7:00PM Beg Ballroom 8:00PM <b>CM Party</b>	21 9:30AM Zumba 10:30AM 30mins Fit After 40 11AM Nia
22 Studio is Closed Classes in AIM group on Facebook (see below)	23 <b>LIVE STREAM</b> 9:30AM Zumba 8PM Salsa Party Dress up/dress down and dance with us	24 <b>LIVE STREAM</b> 9:30AM Zumba Toning 10:30AM FlashFit 7:00PM Dancefit & Cuban Motion	25 <b>On ZOOM</b> 6:00PM Socacize	26 <b>LIVE STREAM</b> 7PM Beg Blrm- Review Rumba, Waltz basic footwork L/F	27 <b>LIVE STREAM</b> 9:30AM Zumba	28 <b>LIVE STREAM</b> 9:30AM Zumba
29 Studio is Closed Classes in AIM group on Facebook (see below)	30 <b>LIVE STREAM</b> 9:30AM Zumba 10:30AM FlashFit 7:00PM Beg Arg Tango- Introduction	31 <b>LIVE STREAM</b> <b>9:30AM Zumba Toning</b> 7:30PM Bachata basic turns	1	2	3	4

**#ClosedButConnected**

**Spring in your Step Wellness** - Join the *ART IN MOTION (AIM) Dance Studio Group on Facebook* for the Live Stream for the classes listed.

@ArtinMotionAIMDanceStudio with what you're doing to stay healthy mind, body and spirit.

Tag us