

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
February 2018	Scroll down to view the 28 Day Dance Challenge		7PM BollyX 8PM Ballroom 1	7PM Ballroom 8PM Club Grp 2	No Fitness classes today Zumba B1 Instructor Training 11am 3	4
9:30AM Zumba 6PM Tone/Sentao 7:00PM Nia 8PM Arg Tango 8PM Salsa 5	9:30AM Z-Toning 7PM DanceFit 7PM Ballroom 8PM Zumba 8PM Club Grp 6	6PM Socacize 7PM & 8PM Ballroom 7	7PM BollyX 8PM Ballroom 8	7PM Ballroom 8PM Club Grp 9	9:30AM Zumba 10:30am STRONG by Zumba Nia 11:30AM 10	11
9:30AM Zumba 6PM Tone/Sentao 7PM Nia 8PM Arg Tango 8PM Salsa 12	9:30AM Z-Toning 7PM DanceFit 7PM Ballroom 8PM Club Grp 8PM Zumba 13	No Socacize 6PM Diva Dance 7PM Ballroom 8pm Sweetheart Dance \$5 drop-in 14	7PM BollyX 8PM Beginner Ballroom 1 st 8PM Intermediate Ballroom 15	7PM Ballroom 8PM Club Grp 16	Love Theme dress in red, white pink 9:30AM Zumba 10:30AM STRONG by Zumba Nia 11:30AM 17	18
Closed for Family Day 19	9:30AM Z-Toning 7PM DanceFit 7PM Ballroom 8PM Club Grp 8PM Zumba 20	6PM Socacize 7PM & 8PM Ballroom 21	7PM BollyX 8PM Beginner Ballroom 8PM Ballroom 22	7PM Ballroom 8PM Club Grp 23	9:30AM Zumba 10:30am STRONG by Zumba Nia 11:30AM Studio Dance Party 24	25

9:30AM Zumba 6PM Tone/Sentao 7PM Nia 8PM Arg Tango 8PM Salsa 26	9:30AM Z-Toning 7PM DanceFit 7PM Ballroom 8PM Club Grp 8PM Zumba 27	6PM Socacize 7PM & 8PM Ballroom 28				
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**BALLROOM
LATIN
WEDDING
SOCIAL
FITNESS**

28 Day Dance Challenge

Take part in AIM’s Dance challenge simply by dancing more. You’ll feel good and...

The more you dance, the better your chances are to win! Your name will be entered into a draw for **every** class you attend: includes fitness classes, ballroom/latin group classes, private lessons.& special events.

There will be a draw on the Sunday of every week announcing the winner on social media. Find our official page on **Facebook- Art in Motion AIM Dance Instagram – AIM Dance and Fitness Studio**

And at the end of the month someone will win the grand prize with lot’s of goodies to pamper yourself including wine, gift cards and more. (Value of approximately \$50)

Bonus : Bring a new friend and get 1 month dance pass for \$30 for you and also for them (regular value \$40)