

March 2021

Free LIVE STREAM Classes



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1 9:30AM Zumba Flash Fit	2 9:30AM Zumba Toning 6:30PM Zumba 7:00PM Ladies Dancefit 8:00PM CM Salsa	3 9:30AM Zumba 6:30PM Socacize	4 6:30PM Bollyx 8PM Beg Blrm 7:45PM CM Salsa	5 9:30AM Zumba Flash Fit 7:45PM CM Salsa	6 9:30AM Zumba
7	8 9:30AM Zumba Flash Fit	9 9:30AM Zumba Toning 6:30PM Zumba 7:00PM Ladies Dancefit 8:00PM CM Waltz	10 9:30AM Zumba 6:30PM Socacize	11 6:30PM Bollyx 8PM Beg Blrm 7:45PM CM Waltz	12 9:30AM Zumba Flash Fit 7:45PM CM Waltz	13 9:30AM Zumba
14	15 9:30AM Zumba Flash Fit	16 9:30AM Zumba Toning 6:30PM Zumba 7:00PM Ladies Dancefit 7:45PM Beg Blrm 8:00PM CM Rumba	17 9:30AM Zumba 6:30PM Socacize	18 6:30PM Bollyx 8PM Beg Blrm 7:45PM CM RUMBA	19 9:30AM Zumba Flash Fit 7:45PM CM Rumba	20 9:30AM Zumba
21	22 9:30AM Zumba Flash Fit	23 9:30AM Zumba Toning 6:30PM Zumba 7:00PM Ladies Dancefit 7:45PM Beg Blrm 8:00PM CM Swing	24 9:30AM Zumba 6:30PM Socacize	25 6:30PM Bollyx 8PM Beg Blrm 7:45PM CM Swing	26 9:30AM Zumba Flash Fit 7:45PM CM SWING	27 9:30AM Zumba
28	29 9:30AM Zumba Flash Fit	30 9:30AM Zumba Toning 6:30PM Zumba 7:00PM Ladies Dancefit 7:45PM Beg Blrm 8:00PM CM _____	31 9:30AM Zumba 6:30PM Socacize	1	2	3

Dates to Remember

Fri March 5th #dressinblue for Colorectal Cancer Awareness Day

Wed March 17th Stay Healthy St. Paddy's Day 2021

Tues March 30th Virtual Vacation Day! Escape to your favourite destination in the safety of the studio